

ROOTS

Idioma

Fecha de

lanzamiento



Español

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Roca Fontané, Joan

SINOPSIS

In this book the prestigious chef Joan Roca, at the head of the celebrated restaurant El Celler de Can Roca, introduces a top selection of traditional Catalan recipes from among those his mother, Montserrat, has always prepared at the Can Roca restaurant in Girona, where he began his professional training. The foundations of the cuisine that now bears the name of this master chef are encompassed in these pages: from the fried calamari to the delicious crema catalana, as well as the festival cannelloni and the fish suquet. The recipes are explained in a straightforward fashion for the inexperienced cook and complemented by interesting observations about the different products, preparations, versions and presentations of each dish. Over one hundred twenty recipes that comprise a small tribute to traditional Catalan cuisine, the ROOTS for that of El Celler de Can Roca....

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